Mountain Biking

- Uploading *.gpx route to Garmin Edge
- DIY tubeless tire booster from old extinguisher

Uploading *.gpx route to Garmin Edge

After I got the Garmin Edge 530, the upload of the route to the device always confused me, so I created this cheat sheet:

Uploading the route to the Garmin

Option #1 – upload directly via USB

Copy the `*.gpx` file with the route to `/Garmin/NewFiles/`.

Option #2 for Apple users – upload via iPhone Garmin app and AirDrop

- Airdrop the `*.gpx` file to the iPhone and open it with Garmin Connect.
- Go to More (bottom right) → Training → Courses → (select course) → tap tripple dot (in upper right corner) ⋮ → Send to Device
- Let the app sync with the Edge.

Option #3 – upload via Garmin Connect (and mobile/desktop app)

On the Garmin website...

- Go to **Garmin Connect Online**
- Continue to **Training → Courses → Import**
- Rename the course from **Untitled** to something user friendly (**2022-03-15 Marianske udoli 30km**).
- Click “Save New Course”

Then in iOS app...

- In iOS app Garmin Connect go to **More → Training → Courses**, open the desired course, tap the three vertical dots and selsect **Send to Device**.
- Sync the devices to upload the course.

Or...

- Click "Send to Device" on the website and let it sync through Garmin Express desktop app. (TBD)

Selecting the route in Garmin Edge 530 for navigation

(bring up main menu) → Training → Training plan → Find a course → (select course) → Ride

DIY tubeless tire booster from old extinguisher

This could a guide... or a nursery.